



CATERING MENU

Eff. 04/11

Troy Office Center
1259 Route 46 East Bld 4E
Parsippany, NJ 07054
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All prices are on a "per person" basis. All catering requires a minimum of 12 people and is subject to sales tax and service charge. Cancellations require 24-hour notice! Less than 24-hour notice incurs a 50% charge!

BREAKFAST

CONTINENTAL BREAKFAST

Includes variety of bagels, pastries, fruits, coffee and juices.
Pastries—muffins, turnovers and crumb cake. Beverages—coffee and assorted juices. Seasonal fresh sliced fruit. **\$7.99**

EXECUTIVE CONTINENTAL

Fresh baked bagels, Danish pastries, croissants, muffins, seasonal fresh fruit, yogurt, assorted juices and coffee. **\$9.29**
Granola—add 79¢

SUNRISE STARTER

Bagels with cream cheese, fresh fruit, assorted juices and coffee. **\$7.29**
For something special add a Smoked Salmon Platter. Sliced Nova Smoked Salmon, sliced tomatoes, red onions and cucumbers for an add'l \$4.99.

THE RIGHT START

Our fresh baked healthy harvest muffins, fresh seasonal fruit, homemade fruit and yogurt parfaits, hard boiled eggs, and wheat bagels with low fat cream cheese. Also served with assorted juices and coffee. **\$9.29**
Granola—add 79¢

ASJ DELUXE BREAKFAST

Assorted fresh baked pastries (muffins, Danish, turnovers and bagels), with pancakes and whipped butter and syrup. Savory sausage and hickory bacon, scrambled eggs, home fries, fresh cut fruit, assorted juices and coffee. **\$11.99**
Substitute waffles or French toast—add 79¢

GOURMET FRITTATAS

Homemade egg frittatas with a variety of ingredients and served with fresh fruit and a basket of muffins and bagels, with assorted juices and coffee. Frittatas choices: Harvest Vegetable, Florentine, Bacon, cheddar cheese and potato, or Ham and Cheddar with Monterrey Jack. **\$9.99**

CINNAMON SWIRL

FRENCH TOAST BREAKFAST

Cinnamon Swirl French toast with whipped butter and syrup. Scrambled eggs, or home fries. Savory sausage or hickory bacon. Fresh cut fruit, assorted juices and coffee. **\$10.99**

BREAKFAST WRAPS

Your choice of bacon, sausage or vegetarian fillings with scrambled eggs and cheese rolled in warm tortillas. Home fries, fresh cut fruit, assorted juices and coffee. **\$9.99**

LIGHT COMBINATION

LIGHT COMBO

Choice of finger roll or croissant sandwiches with your choice of a crisp veggie tray with our famous ranch dip or cubed cheese with red grapes, apple wedges and crackers. Pasta salad, cookies and brownies. **\$8.49**

EXECUTIVE LUNCHES

All Executive Lunches are served with a choice of mashed potatoes, baked potatoes or rice pilaf. Also served with fresh steamed vegetables, tossed green salad and a variety of our homemade bread.

ROASTED CHICKEN

A tender roasted 1/4 chicken glazed with the perfect blend of spices. Choose from BBQ, Lemon Pepper or Rosemary. **\$9.99**

TENDER POT ROAST

Thick slices of slow cooked, juicy pot roast. Just like Mom used to make! **\$10.99**

GRILLED TERIYAKI CHICKEN

A boneless, skinless 1/4 lb. breast marinated in a rich teriyaki sauce and grilled to perfection. Also available as lemon pepper or BBQ chicken. **\$10.99**

CHICKEN ITALIAN

A boneless, skinless chicken breast prepared in your choice of sauce: Francese, Chicken Parmesan or Marsala. **\$10.99**

BAKED SALMON

A 6 oz. filet glazed with melted butter, a hint of dill and mild spices or a honey mustard glaze. **\$12.99**

CHICKEN BALSAMIC

Medallions of skinless chicken breast sautéed with mushrooms and sun dried tomatoes in a balsamic spiced sauce. **\$10.99**

CHICKEN BRUSCHETTA

Grilled chicken breasts marinated in balsamic vinaigrette, then oven roasted and topped with a fresh tomato and pesto bruschetta. **\$11.99**

CHICKEN & RIBS

Marinated boneless skinless chicken breasts next to hearty Texas-style beef ribs coated in a tangy barbecue sauce. Served with homemade potato and pasta salad, fresh sliced fruit, sourdough rolls and baked beans. **\$11.99**

Upgrade your ribs to spare ribs for \$1.69 Upgrade your ribs to baby back ribs for \$2.09 Upgrade your chicken to a Quarter Chicken for \$.79

BEVERAGES

Juice \$1.69 (assortment of bottled fruit juices) • Canned Soda \$1.09
Bottled Water \$1.39 • Ice Tea including Green Tea (Snapple) \$1.79
White Tea (Snapple) \$1.99 • Coffee or Tea \$1.29 • Flavored Coffee \$1.59

Plates, napkins and plasticware are provided. China, silver and glassware are available at additional cost. Linen tablecloths are provided for buffet line. Extras available at additional cost. Due to market fluctuations, all prices are subject to change.

BUILD YOUR OWN

PASTA BAR

Choose 2 pastas from Penne, fettuccini, garden rotelli spirals or bow tie. Your choice of two (2) sauces from marinara, alfredo, pink vodka, creamy pesto or roasted garlic and olive oil with grated cheese. Includes garlic bread, string beans or steamed vegetables. **\$9.59**

Add meatballs for \$1.09 • Choose whole wheat pasta for \$.59

Add chicken Parmesan for \$2.59 • Add eggplant for \$1.79

SALAD BAR EXTRAVAGANZA

Build your own salad from Cobb, Chef or Cashew Chicken salad with fresh mixed greens. Toppings include sliced carrots, cucumbers, green peppers, baby corn, red onions, hard boiled eggs, mushrooms, olives, cherry tomatoes, croutons and shredded cheese. Your choice of two dressings served with homemade bread and butter. **\$8.99**

Fat-free and lite dressings now available!

BAKED POTATO BAR

Large Idaho spuds baked to perfection, served with an array of the best toppings, crisp tossed green salad, creamy dressings and fresh homemade breads.

Toppings: chili (*Apple Spice Junction style*), broccoli cheese sauce, sautéed mushrooms and onions, butter, sour cream, chives, bacon bits, grated cheese.

Breads: honey wheat, sourdough, 13-grain. **\$8.99**

TACO BAR

Soft steamed and hard shell tortillas served with seasoned taco meat, black beans with salsa and cilantro and our own special cheese sauce.

Top them off with sour cream, guacamole, olives, onions, grated cheese, shredded lettuce, diced tomatoes and salsa. Spanish rice and a medley of tortilla chips on the side make this a festive event—Olé! **\$9.29**

Substitute chicken for beef for \$.59 • Add chicken for \$.99

FAJITA BAR

Strips of beef or chicken with a tangy homemade sauce, green peppers and red onions on a fresh steamed flour tortilla. Sour cream, guacamole, cheese, tomatoes, Spanish rice, black beans, chips and salsa on the side. **\$9.99**

HOT SANDWICH BAR (*Your choice of 1 or 2*)

Philly cheese steak, chicken Parmesan, Meatball Parmesan, Eggplant Parmesan, Pulled Pork or Italian sweet sausage with peppers & onions.

Fresh baked rolls to build your sandwich. Plus (choice of two) pasta salad, potato salad, tossed garden green salad, frog eye salad or chips. **\$10.29**

EXTRAS

Meatballs (*3 pieces; Swedish style, Sweet & Sour or BBQ*) \$1.59

Cheese and Crackers \$2.99

Cubed Cheese, Red Grapes, Apple Wedges and Crackers \$3.59

Apple Spice Hot Wings (*2-3 pieces*) \$2.59

Egg Rolls with Sweet & Sour sauce \$2.29

Stuffed Mushrooms (*3 pieces per person*) \$2.99

Fruit Tray (*Includes cantaloupe, honeydew, watermelon, oranges, apples, red & green grapes, strawberries, pineapple and kiwi. Season may affect the availability of certain fruits*) \$2.29

Fruit Dip \$.49

Vegetable Tray (*Includes carrot sticks, celery sticks, cucumbers, mushrooms, cauliflower, olives, tomatoes and broccoli. Served with homemade ranch dressing*) \$2.59

Grilled Vegetables \$2.59

Caprese Salad (*Fresh mozzarella and tomato slices with basil, drizzled with balsamic glaze and olive oil and sprinkled with kosher salt*) \$3.19

Pasta, Potato, Frog Eye Salad \$.79

Peel-n-Eat Shrimp and Sauce \$5.99

Chips & Salsa \$1.29 add Guacamole \$.99

Deep River Chips \$.99

Finger Sandwiches \$2.49 • Mini Croissant Sandwich \$2.99

Mini Chicken Cordon Bleu (*Breaded chicken bites stuffed with ham and creamy swiss cheese. 2-3 pieces per person*) \$1.99

Chicken Skewer (*Served with your choice of sweet & sour or BBQ sauce*) \$2.99

Hummus and Pita Chips \$1.99

Quesadillas (*Sliced chicken and our special black bean salsa with sour cream side*) 4 pieces per person \$3.49 add Guacamole \$.99

Potato Pancakes (*Served with sour cream and apple sauce-3 pieces per person*) \$2.69

Pot Stickers (*chicken and Vegetable with ponzu sauce -3 pieces per person*) \$2.29

Ask about our wide selection of appetizers.

SOUP & SANDWICH

GOURMET SANDWICHES AND WRAPS

A variety of the following specialty sandwiches and wraps:

- **Chicken Caesar** - fresh grilled vegetables with creamy Caesar dressing and crisp Romaine lettuce in a wrap
- **Turkey and Brie**- Sliced roasted turkey breast, creamy brie and crisp granny smith apples on a fresh baked ciabatta roll with cranberry horseradish sauce.
- **Ham and Brie**- with craisin honey mustard in ciabatta
- **Horseradish Roast Beef** -sliced roast beef, sharp cheddar cheese, caramelized onions and dijon horseradish sauce on a fresh baked rosemary focaccia
- **Turkey Havarti**- Sliced roasted turkey breast, mild pesto havarti, artichoke heart and pesto mayo on a fresh baked ciabatta roll
- **Chicken Caprese**- freshly breaded chicken cutlet, ripe tomatoes, roasted red peppers and fresh basil on a fresh baked French baguette with a drizzle of balsamic reduction.
- **Fresh Veggie and Hummus** -as healthy and delicious as it sounds, with julienned fresh vegetable medley (carrots, cucumbers, red peppers and yellow squash) with homemade hummus.
- **Cape Cod Chicken Wrap**- our delicious chicken salad embellishment with craisins, chopped apples and candied walnuts.
- **Antipasto Muffuletta** - ham, Genoa salami, provolone, dressed with marinated red onions and pepperoccini, roasted red peppers and pesto mayo in a fresh baked round roll
- **California Wrap**- our unique krab louis salad, made better with sliced cucumbers and avocado, wasabi mayo in black bean wrap. Just like your favorite sushi!

Choose any two from our famous side dishes. Sides—pasta salad, tossed salad, potato salad, frog eye salad or chips. **\$11.29**

Upgrade to a Caprese salad \$1.99 • Deep River Chips add \$.20

ASJ SANDWICH BUFFET PLATTER

Choice of "build-your-own" deli platter or pre-made sandwiches.

Meat tray—ham, turkey breast, pastrami, roast beef or your favorite sandwich from our box lunch menu

Cheese—swiss, provolone, cheddar

Sides—pasta salad, tossed green salad, potato salad, frog eye salad or chips

Breads—honey wheat, sourdough, 13-grain

Condiments—tomatoes, pickles, olives, mustard, mayo **\$8.99**

Upgrade to Caprese salad \$1.99 • Substitute rolls and wraps for .39¢ • Deep River Chips add \$.20

SOUP IN A BREAD BOWL

Your choice of piping hot home style chicken noodle, vegetarian, New England clam chowder or Baja tortilla soup (served with sour cream and chips). **\$6.99**

Add tossed salad or pasta salad for 99¢ • Substitute chili for soup—add 79¢

BEYOND THE BORDERS

LASAGNA

Layers of cheese, fresh ground beef, sausage, Italian herbs, and our tangy marinara sauce. Served with fresh baked sourdough bread, whipped garlic butter, Parmesan cheese, steamed vegetables and a crisp garden salad. *Vegetarian lasagna is available.* **\$9.99**

GRILLED TERIYAKI KABOBS

Tender chunks of chicken or beef next to grilled vegetables. Served with rice pilaf, garden salad and fresh-baked bread. **\$10.99**

BAKED ZITI

Home style baked ziti with a mix of Italian cheeses and tomato sauce. Served with a Caesar or fresh garden salad, parmesan cheese, steamed vegetables and fresh bread baked to perfection. **\$9.99**

Add ground beef or sausage for \$1.59

= can be prepared as vegetarian

DESSERTS

COOKIE AND BROWNIE TRAY \$1.79 • CANNOLI AND COOKIE TRAY \$2.79 • DELUXE COOKIE TRAY \$1.49
DELUXE DESSERT TRAY \$2.99

A variety of smaller portions of brownies, cookies, bars, and rice krispie treats.

EXECUTIVE DESSERT TRAY \$3.49

Add Chocolate-dipped strawberries and tasty cheesecake bites to our dessert tray above.

NY Style Cheesecake \$3.19 • German Chocolate Cake \$3.19 • Carrot Cake \$3.59

Cookies \$.59 • Chocolate-dipped Strawberries (*2 pieces; seasonal*) \$1.79

Ask about additional dessert selections!