



BOX LUNCH MENU

7610 Hazard Center Dr., #519, (inside Intermezzo Espresso)
San Diego, CA 92108

PH: 619-688-1883 FAX: 619-688-1885

Deli Hours: Monday-Friday Only: 8AM-3PM. Apple Spice Junction begins taking orders by 7 a.m. We will do our best to accommodate your needs, but it's a good idea to call early if you have a preferred delivery time.

(Minimum of 3 lunches for Mission Valley area.)



SUPERB SANDWICHES

All sandwiches prepared (to order) on our premium breads,
taken from the oven that morning...nothing day old or frozen.

DELUXE BOX LUNCH \$7.29

Served with pasta salad, potato salad, frog eye salad,
or potato chips, pickle, lettuce, a cookie and a mint.
(Mustard and mayo on the side)

EXECUTIVE BOX LUNCH ADD \$2.50

Served with pasta salad, potato salad or frog eye salad,
with fresh cut veggies and a scrumptious vegetable dip,
bag of chips, cheesecake and an after lunch mint.

BREAST OF TURKEY*

Oven roasted, tender white turkey breast
piled high on our fresh baked honey wheat
bread. Add cranberry sauce—35¢

TURKEY AVOCADO*

Oven-roasted turkey breast, sliced avocado,
sprouts and Swiss cheese on our fresh baked
honey wheat bread. Add cranberry sauce—35¢

TURKEY CRAN PEÑO*

Oven roasted turkey breast, Swiss cheese and
cucumber with cranberry jalapeño sauce;
served on honeywheat bread.

OFFICE FAVORITE

Roast beef, turkey, ham and Swiss cheese
piled up on our freshly baked 13-grain bread.

CLUB

Oven roasted turkey breast and Virginia
baked ham topped with bacon, cheddar &
provolone cheese on honey wheat bread.

BAKED HAM

Sugar-cured Virginia baked ham and Swiss
cheese on sourdough bread.

ROAST BEEF DELUXE

Lean top round of beef, provolone and
cheddar cheese piled high on our fresh baked
13-grain bread.

PASTRAMI & SWISS

Sliced pastrami and swiss cheese on our
famous 13-grain bread will give you that
world-renowned deli taste.

HERB ROASTED CHICKEN

Chicken breast marinated and baked in a
special blend of herbs and spices, topped with
swiss cheese and served on honeywheat bread
with a side of pesto.

BLT

Lean, crisp bacon piled on garden fresh
tomatoes and green leaf lettuce, served on
sourdough bread—You'll love it!

BLT SUPREME

Our BLT made even better by adding Swiss
cheese, avocado and sprouts, served on honey
wheat bread.

VEGETARIAN*

Sliced mushrooms, tomatoes, cucumbers,
avocado, green pepper and sprouts with
provolone and cheddar cheese on our
famous honeywheat bread.

CASHEW CHICKEN

Tender chunks of chicken breast topped
with cashews and celery, seasoned to
perfection. Served on sourdough bread.

EGG SALAD

A great combination of egg salad, Swiss
cheese and sliced avocado on our fresh
baked sourdough bread.

CHARLIE'S DREAM

The best fancy white albacore (dolphin-
friendly of course) with Swiss cheese served
on fresh baked sourdough bread.

CURRY CHICKEN

A delightful blend of sweet and savory
spices with a hint of mild curry mixed with
fruit and tender chicken breast served on
fresh baked sourdough bread.

CRANBERRY JALAPEÑO SAUCE

For a special treat, try our Cranberry Jalapeño sauce on ANY of our sandwiches...
hint...Veggie... for that "sweet with a little heat" taste tingle. \$.35

FOR THE LOCATION OF STORES IN OTHER AREAS OR FRANCHISE
OPPORTUNITIES, PLEASE VISIT OUR WEBSITE AT

• APPLESPICE.COM •



GARDEN FRESH SALADS

Served with fresh baked bread and your choice of Ranch, Italian, Bleu Cheese, Balsamic Vinaigrette, Thousand Island, Poppy Seed or Sesame Ginger. Add a cookie for 75¢

APPLE WALNUT SALAD \$7.99

Sliced apples, candied walnuts, crumbled bacon and mozzarella cheese on a crisp bed of salad greens. Served with poppy seed dressing.

MANDARIN CHICKEN SALAD \$8.29

Tender sliced chicken breast, mandarin oranges and slivered almonds on top of fresh salad greens. Served with sesame ginger dressing.

TACO SALAD \$8.49

Crisp lettuce, fresh vegetables, jack & cheddar cheese, olives and avocado. Top it with our south of the border salsa, chili and sour cream on the side.

COBB SALAD \$7.59

Chunks of chicken, bacon, olives, tomatoes, sliced egg, jack and cheddar cheese on top of salad greens.

SOUTHWESTERN CHICKEN SALAD \$8.29

Crisp salad greens and vegetables topped with tender slices of chicken and drizzled with our special BBQ ranch dressing. Next we add corn, black beans, tortilla strips and cilantro to make this a taste sensation!

HERB ROASTED CHICKEN \$7.99

A tasty combination of fresh, crisp salad greens, vegetables and herb roasted chicken breast.

SEAFOOD & AVOCADO \$7.99

Exciting combination of sweet meats from the sea, vegetables and mixed salad greens.

CURRY CHICKEN SALAD \$7.59

Assorted greens with fresh vegetables, topped with curry chicken salad.

EXECUTIVE SALAD ADD \$2.25

Any of our salads listed above with an added tasty cheesecake treat.

CHEF SALAD \$8.49

Julienne strips of turkey and ham, sliced egg, jack and cheddar cheese, tomatoes and cucumbers on crisp salad greens.

TUNA SALAD \$7.99

The finest, fresh white tuna makes this the catch of the day.

CASHEW CHICKEN \$7.99

Assorted greens mixed with fresh vegetables, topped with cashew chicken salad.

CHICKEN CAESAR SALAD \$8.29

Tender julienne strips of boneless chicken breast piled on crisp romaine lettuce with parmesan cheese, sliced egg, and cucumbers.

CAESAR SALAD \$7.29

Garden fresh tomatoes and cucumbers next to grated parmesan cheese and sliced egg all piled up on a crisp bed of Romaine lettuce. Served with our creamy Caesar dressing on the side.

TOSSED GREEN \$6.99

Crisp lettuce mixed with red cabbage, grated carrots and fresh vegetables.

LUNCH SPECIALS

SANDWICH SPECIAL ADD \$2.00

Your choice of any sandwich, substituting either soup or tossed green salad for the side dish.

SOUP & SALAD SPECIAL \$7.95

A cup of piping hot soup, next to a crisp tossed salad and fresh baked bread straight from our bakery.

JUNCTION BAKERY

FRESH BAKED BREADS \$2.95

Honeywheat • 13-Grain • Sourdough

BROWNIES \$2.00 • COOKIE \$.89

CHEESECAKE \$2.95

SIDES & EXTRAS

SALAD DRESSING \$1.00

CHEESE \$.60

CHIPS \$.69

BREAD \$.65

AVOCADO \$.99

SALADS \$1.00

(Pasta, Potato, Frog Eye)

CUP (8 oz) \$2.00

BOWL (16 oz) \$2.75

QUART (32 oz) \$5.00

HOMEMADE SOUP

Served with our fresh-baked bread, or add a bread bowl for 75¢

SAVORY VEGETABLE

HOMESTYLE CHICKEN NOODLE

BAJA TORTILLA SOUP (served with sour cream & chips)

Ask for our additional Soup selections

CUP \$3.00 • BOWL \$4.00 • QUART \$6.95

AMY'S SPECIAL RECIPE CHILI

Served with two kinds of cheese and fresh baked bread

CUP \$3.50 • BOWL \$4.95 • QUART \$9.95

COLD BEVERAGES

SNAPPLE \$1.89

BOTTLED WATER \$1.49

CANNED SODA \$1.29

For more options and selections
be sure to ask for our
Breakfast Catering Menu!

Due to market fluctuations all prices are subject to change.