

Build Your Own

PASTA BAR \$10.99

Choose 2 pastas from penne, fettuccini, garden rotelli spirals or bow tie. Your choice of two (2) sauces from marinara, alfredo, pink vodka, creamy pesto or roasted garlic and olive oil with grated cheese. Includes Caesar salad, garlic bread, string beans or steamed vegetables. Add meatballs for \$1.09 • Add Grilled Chicken or Sausage and Peppers for \$2.29 Add Chicken Parmesan for \$2.79 • Add eggplant for \$1.79 • Add Peas, roasted red peppers or black olives \$.89

SALAD BAR EXTRAVAGANZA \$10.99

Build your own salad from your favorite ASJ Signature Salad. Choose from Cobb, Chef, Apple Walnut or Grilled Teriyaki Chicken. Toppings include sliced carrots, cucumbers, green peppers, red onions, hard boiled eggs, mushrooms, olives, cherry tomatoes, croutons and shredded cheese. Served with a tray of fresh fruit, two dressings, and homemade bread and butter. Upgrade to Bleu Cheese or Goat Cheese for \$1.49. Add Craisins, Walnuts, Almonds, Sliced Pears, Mandarin Oranges or Apples for \$.99. Add Artichoke Hearts or Avocado for \$1.19. Add Peas, Beets or Garbanzo Beans for \$.89

POTATO BAR \$10.99

Large Idaho spuds baked to perfection or garlic mashed potatoes, served with an array of the best toppings, crisp tossed green salad, creamy dressings and fresh homemade breads. Toppings: Start with your choice of Chili (Apple Spice Junction style) Pulled Pork (minimum 15 people) or chopped ham. Broccoli cheese sauce, sautéed mushrooms and onions, butter, sour cream, chives, bacon bits, grated cheese.

TACO BAR \$10.99

Soft steamed and hard shell tortillas served with seasoned taco meat, black beans with salsa and cilantro. Top them off with sour cream, guacamole, olives, grated cheese, shredded lettuce, diced tomatoes and salsa. Spanish rice and a medley of tortilla chips on the side make this a festive event—Ole! Substitute chicken for beef for \$.99 • Add chicken for \$2.49

FAJITA BAR \$11.99

Strips of beef with a tangy homemade sauce, green peppers and red onions on a fresh steamed flour tortilla. Sour cream, guacamole, cheese, tomatoes, Spanish rice, black beans, chips and salsa on the side. Substitute chicken for beef \$.99. • Add chicken for \$2.49 • Substitute Shrimp for \$2.99

HOT SANDWICH BAR (Your choice of 1 or 2) \$10.99

Philly cheese steak, Chicken Parmesan, Meatball Parmesan, Eggplant Parmesan, Pulled Pork (minimum 15 people) or Italian sweet sausage with peppers & onions. Fresh baked rolls to build your sandwich. Plus (choice of two) pasta salad, potato salad, tossed garden green salad or chips.

MAC N CHEESE BAR \$10.99

Start with mac n cheese made with shells in our homemade cheese sauce, served with Caesar salad and fresh baked breads. Build it how you like it, the All American, Vegetarian or the Buffalo style. All American includes: ham, bacon, peas and diced tomatoes. Vegetarian includes: broccoli, zucchini, tomato and cheddar cheese. Buffalo style includes: buffalo chicken, bleu cheese and chopped celery.

From the Grill

CHICKEN & RIBS \$13.99

Marinated boneless skinless chicken breasts next to hearty spare ribs coated in a tangy barbecue sauce. Served with homemade potato and pasta salad, fresh sliced fruit, sourdough rolls and baked beans. Upgrade your ribs to baby back ribs for \$2.09 • Upgrade your chicken to a Quarter Chicken for \$.79

Extras

- Meatballs (3 pieces; Swedish style, Sweet & Sour or honey BBQ) \$2.99
 - Cubed Cheese, Red Grapes, Apple Wedges and Crackers OR Caprese Kabobs \$3.99
 - Apple Spice Hot Wings (2-3 pieces) \$3.49
 - Stuffed Mushrooms (3 pieces per person) \$3.99 With Crabmeat \$4.99
 - Fruit Tray (Includes cantaloupe, honeydew, watermelon, oranges, blueberries, apples, red & green grapes, strawberries, pineapple and kiwi. Season may affect the availability of certain fruits) \$3.49
 - Fruit Dip \$.79
 - Vegetable Tray (Includes carrot sticks, celery sticks, cucumbers, yellow squash, zucchini, tomatoes and broccoli. Served with homemade ranch dressing) \$3.49
 - Grilled Vegetables \$3.49
 - Caprese Salad (Fresh mozzarella and tomato slices with basil, drizzled with balsamic glaze and olive oil and sprinkled with kosher salt) \$3.19
 - New!** Caprese Kabobs (2 per person) \$3.99
 - Peel-n-Eat Shrimp and Sauce (4 pieces per person) \$6.99
 - New!** Stuffed Shrimp with Crab Meat (2 per person) \$5.99
 - Mini Crab Cakes (3 pieces per person) \$8.99
 - Chips & Salsa \$1.59 add Guacamole \$.99
 - Franks and Wraps and Dips (3-4 pieces per person) \$4.59
 - Finger Sandwiches \$2.49 • Mini Croissant Sandwich \$2.99
 - Chicken Skewers (Served with your choice of chili lime or BBQ sauce) \$3.99
 - New!** Chocolate Covered Bacon Skewers, with or w/o nuts (2 per person) \$3.99
 - Hummus and Pita Chips \$2.99 (Choose from Plain, Lemon, Olive or Roasted Red Peppers)
 - Quesadillas (Sliced chicken and our special black bean salsa with sour cream on the side) 3 pieces per person \$3.99 add Guacamole \$1.19
 - Potato Pancakes (Served with sour cream and apple sauce-3 pieces per person) \$2.99
 - Pot Stickers (chicken and vegetable with ponzo sauce -2-3 pieces per person) \$3.69
 - Antipasto Platter or Skewered Antipasto \$7.99 (An assortment of meats, imported cheeses, olives, peppers and our Italian nuances - 10 person minimum)
- Ask about our wide selection of appetizers.



Desserts

- COOKIE AND BROWNIE TRAY \$1.99 • CANNOLI AND COOKIE TRAY \$3.99**
- DELUXE COOKIE TRAY \$1.79**
- CHOCOLATE NUT CLUSTERS \$2.99**
- DELUXE DESSERT TRAY \$2.99**

A variety of smaller portions of brownies, cookies and bars.

EXECUTIVE DESSERT TRAY \$3.49

Add Chocolate-Dipped strawberries and tasty cheesecake bites to our dessert tray above.

Chocolate-Dipped Strawberries (2 pieces; seasonal) \$2.79

New! Chocolate-Dipped Fruit (Seasonal) \$3.19

Cookies \$.89

NY Style Cheesecake \$3.69

Ask us about our chocolate fountain dessert options. Ask about additional dessert selections!



Catering Menu

BREAKFAST • LUNCH • DINNER



PARSIPPANY, NJ

TROY OFFICE CENTER

1259 ROUTE 46 EAST BLD 4E

PARSIPPANY, NJ 07054

PH: 973-394-1311

FAX: 973-394-1366

Call for Delivery

Breakfast



CONTINENTAL BREAKFAST \$8.99

Includes a variety of pastries, seasonal fresh fruit, coffee and juices. The pastry tray includes bagels, scones, muffins, turnovers and crumb cake. Beverages include coffee and assorted juices.

EXECUTIVE CONTINENTAL \$10.99

Fresh baked bagels, scones, turnovers, croissants, muffins, crumb cake, seasonal fresh fruit, yogurt, assorted juices and coffee.

Upgrade to Greek Yogurt—add .99¢ • Granola—add 89¢

SUNRISE STARTER \$7.99

Bagels with cream cheese and butter, fresh fruit, assorted juices and coffee. For something special add a Smoked Salmon Platter. Sliced Nova Smoked Salmon, sliced tomatoes, red onions and capers for an add'l \$4.99.

OATMEAL BAR \$9.99

Make your own Oatmeal just the way you like it. Start with Steel-Cut oatmeal, brown sugar, candied walnuts, raisins and milk. Comes with bagels, cream cheese, seasonal fruit and berries, assorted juices and coffee.

THE RIGHT START \$9.99

Start with our fresh baked harvest muffins and bagels with cream cheese and butter. Fresh seasonal fruit, yogurt and berry parfaits and hard boiled eggs. Also served with assorted breakfast juices and coffee. Include Granola—add 89¢ • Upgrade to Greek Yogurt—add .99¢

ASJ DELUXE BREAKFAST \$13.99

Assorted fresh baked pastries (muffins, scones, crumb cake, turnovers and bagels), with pancakes and butter and syrup. Savory sausage and hickory bacon, scrambled eggs, home fries, fresh cut fruit, assorted juices and coffee.

Substitute waffles or French toast—add \$1.29 • Substitute turkey bacon or turkey sausage - .29¢

GOURMET FRITTATAS \$10.59

Homemade egg frittatas with a variety of ingredients. Served with fresh fruit, a basket of muffins and bagels. Also comes with assorted juices and coffee. Frittatas choices: Harvest Vegetable, Bacon, Cheddar Cheese and Potato, or Ham and Cheddar with Monterey Jack.

CINNAMON SWIRL FRENCH TOAST BREAKFAST \$12.99

Cinnamon Swirl French toast with syrup and butter. Scrambled eggs with savory sausage and hickory bacon. Fresh cut fruit, assorted juices and coffee. Substitute turkey bacon .29¢

BREAKFAST WRAPS \$11.39

Your choice of bacon, sausage or vegetarian fillings with scrambled eggs and cheese rolled in warm tortillas. Home fries, fresh cut fruit, assorted juices and coffee.

COFFEE: All breakfasts comes with regular coffee. Additional Regular, Decaf or Hot Tea can be added for \$1.69. Flavored Coffee or Hot Chocolate \$1.89

Beverages

Juice \$1.69 (assortment of bottled fruit juices) • Canned Soda \$1.29

Bottled Water \$1.39

Ice Tea (Regular, Lightly Sweetened and Diet)(Assorted flavors including Green and White teas) \$1.99

Bottled Stewart's Root Beer or Cream Soda (Diet and Regular) \$1.99

Dispenser of Fresh Brewed Iced Tea \$39.00

Catered Meals

All prices are on a "per person" basis. All catering requires a minimum of 12 people and is subject to sales tax and service charge. Cancellations require 24-hour notice! Less than 24-hour notice incurs a 50% charge!

Sandwich & Soup



GOURMET SANDWICHES AND WRAPS \$13.49

A variety of the following specialty sandwiches and wraps:

- **Turkey and Brie**- Sliced roasted turkey breast, creamy brie and crisp granny smith apples on a fresh baked ciabatta roll with cranberry horseradish sauce.
- **Ham and Brie**- raisins, honey mustard, on a ciabatta roll
- **Horseradish Roast Beef** -with cheddar, caramelized onions and 1000 island horseradish sauce on a rosemary ciabatta roll
- **Turkey Havarti**- Turkey, Havarti cheese, artichoke hearts and pesto mayo on a 7 grain roll
- **Chicken Caprese**- freshly breaded chicken cutlet, ripe tomatoes, roasted red peppers and fresh basil on a fresh baked French baguette with a drizzle of balsamic reduction.
- **Cape Cod Chicken Wrap**- our delicious chicken salad embellished with raisins, chopped apples and candied walnuts.
- **Antipasto** - Ham, genoa salami, provolone, marinated red onions, pepperoncini, roasted red peppers and red wine vinegar drizzle on seeded baguette.
- **Turkey and Bacon** - turkey, bacon, cheddar, avocado and pesto mayo on a 7 grain roll.
- **Caprese** : Ripe red tomatoes, roasted red peppers, fresh mozzarella cheese, with basil and balsamic drizzle on a fresh baked rosemary focaccia.
- **Eggplant Baguette** -lightly breaded eggplant, roasted red peppers, mozzarella cheese topped with balsamic glaze on a baguette.
- **Grilled Steak** - grilled steak, grilled mushrooms and onions, cheddar cheese and horseradish sauce.
- **Buffalo Chicken**- with bleu cheese sauce and romaine lettuce on a fresh baked French baguette.
- **Mediterranean Tuna** - olive oil, Italian olives, tomatoes, avocado on a ciabatta roll
- **Philly steak** - start with grilled steak, sautéed red peppers and onions, add provolone cheese
- **Chicken Fajita Wrap**-with grilled chicken, red peppers, red onions, Jalapeno cheese, and salsa in a wrap.
- **Turkey Club Wrap**-with all natural, roasted turkey, greens, bacon, tomatoes and mayo on a wrap.



Choose any two of our side dishes including, a fresh garden salad, Caesar salad, quinoa salad, caprese pasta salad, red skin potato salad, or assorted chips.

Customize your lunch the way you want it. Upgrade your Garden Salad to a Pear and Goat Cheese, Apple Walnut or Bleu Mandarin Salad for \$1.59 per person.

Upgrade to Fresh Vegetables and Dip, or Sliced Fruit for \$1.79 per person.

Substitute soup for a side dish for \$1.69 per person. Upgrade to Kettle Chips for \$.30



ASJ SANDWICH BUFFET PLATTER

Premade Platters you choose up to five of our superb sandwiches. (See box lunch menu for your selection). **\$11.49**

Condiments—tomatoes, pickles, olives, mustard, mayo.

Choose any two of our side dishes including, a fresh garden salad, Caesar salad, quinoa salad, caprese pasta salad, red skin potato salad, or assorted chips.

Customize your lunch the way you want it. Upgrade your Garden Salad to a Pear and Goat Cheese, Apple Walnut or Bleu Mandarin Salad for \$1.59 per person.

Upgrade to Fresh Vegetables and Dip, or Sliced Fruit for \$1.79 per person.

Substitute soup for a side dish for \$1.69 per person. Upgrade to Kettle Chips for \$.30

Light Combination

LIGHT COMBO \$8.99

Choice of finger roll or croissant sandwiches with your choice of a crisp veggie tray with our famous ranch dip or cubed cheese with red grapes, apple wedges and crackers. Pasta salad, cookies and brownies.

Executive Lunches



All Executive Lunches are served with the following choices:

Side Dish: Mashed potatoes, baked potatoes, rosemary roasted red skin potatoes, pasta and marinara sauce or rice pilaf.

Vegetables: Vegetable medley, parsley carrots or steamed broccoli.

Salad: Garden salad or Caesar salad.

Upgrade to a signature salad for an additional \$1.59 per person. (Apple Walnut, Pear and Goat cheese or Bleu Mandarin)



PESTO CRUSTED CHICKEN \$13.99

Chicken Cutlet with a Pesto and Parmesan Crust.

GRILLED CHICKEN \$11.99

A tender roasted chicken breast glazed with the perfect blend of spices. Choose from Teriyaki, BBQ, Lemon Pepper, Rosemary or Chili Lime Sauce topped with fresh lime.

TENDER POT ROAST \$12.99

Thick slices of pot roast. slow cooked with vegetables and potatoes. Just like Mom used to make it! (12 person minimum)

CHICKEN ITALIAN \$11.99

A boneless, skinless chicken breast prepared in your choice of sauce: Francese, Chicken Parmesan or Marsala.

BAKED SALMON \$15.99

A 6 oz. filet glazed with melted butter, a hint of dill and mild spices or a honey mustard glaze.

CHICKEN VESUVIO \$13.99

Chicken Breast, artichoke hearts, tomatoes, roasted peppers, and lemon white wine sauce.

PETITE FILET \$12.99

A 6 oz. filet marinated in chimichurri sauce and grilled to perfection.

CHICKEN BRUSCHETTA \$11.99

Grilled chicken breasts marinated in balsamic vinaigrette, then oven roasted and topped with a fresh tomato and pesto bruschetta.

LINGUINI WITH CHICKEN \$10.99

Grilled chicken strips with corn, tomatoes, pancetta, basil and olive oil on top of linguini. Served with garlic bread, Parmesan cheese, steamed vegetables and a fresh garden salad.



STUFFED SOLE WITH SPINACH \$13.99

Filet of Sole stuffed with a breaded spinach filling, rolled and finished with a lemon caper sauce.



VEGETARIAN OPTION - STUFFED PORTOBELLO MUSHROOMS \$4.99

Beyond the Borders



BAKED ZITI \$9.99

Home style baked ziti with a mix of Italian cheeses and tomato sauce. Served with a Caesar or fresh garden salad, Parmesan cheese, steamed vegetables and fresh bread baked to perfection. Add ground beef or sausage for \$1.59



LASAGNA \$10.99 (Must order in increments of 9.)

Layers of cheese, fresh ground beef, sausage, Italian herbs, and our tangy marinara sauce. Served with fresh baked sourdough bread, whipped garlic butter, Parmesan cheese, steamed vegetables and a crisp garden salad. Vegetarian lasagna is available.



GRILLED TERIYAKI KABOBS \$11.99

Tender chunks of chicken or beef next to grilled vegetables. Served with rice pilaf, garden salad and fresh-baked bread.



BEEF OR CHICKEN STIR-FRY \$11.99

Served with rice pilaf, garden salad and fresh-baked bread.



Every Day!

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= can be prepared as vegetarian

Due to market fluctuations all prices are subject to change.