

# CATERING MENU

Nashville, Tennessee



## BREAKFAST

### SUNRISE STARTER | \$9.00

Bagels with cream cheese, fresh fruit, coffee, assorted juices and water.

### HEALTHY START BREAKFAST | \$11.00

Start your morning right with a build-your-own parfait that includes yogurt, granola, fresh berries, and muffins. Served with coffee, assorted juices and water.

### EXECUTIVE CONTINENTAL | \$12.00

Fresh baked bagels, Danish pastries, muffins, scones, seasonal fresh sliced fruit, yogurt, coffee, assorted juices and water.

### GOURMET FRITTATAS | \$12.00

Farm fresh egg frittatas baked with cheddar cheese, peppers and onions. Your choice of vegetarian or hickory bacon and ham. Served with breakfast potatoes, fresh fruit, coffee assorted juices and water.

### CINNAMON SWIRL

### FRENCH TOAST CASSEROLE | \$13.00

French toast casserole made from our honey wheat bread mixed with cinnamon and blueberries in each bite. Drizzle on warm maple syrup to top off this delicious breakfast dish. Served with fresh fruit, bacon or ham, coffee, assorted juices and water.



## SANDWICH & SOUP

### SANDWICH BUFFET PLATTER | \$12.00

#### Pre-Made Sandwich Platter

Choose from a selection of our signature deli sandwiches.

Sides (choice of 2): pasta salad, green salad, potato salad, frogeye salad, fresh fruit, carrot chips, or potato chips

Condiments: tomatoes, pickles, olives, mustard, mayo, sandwich sauces

#### Build-Your-Own Deli Platter

Meat Tray: ham, turkey, roast beef

Cheese: Swiss, Havarti, cheddar

Sides (choice of 2): pasta salad, green salad, potato salad, frogeye salad, fresh fruit, carrot chips, or potato chips

Breads: honey wheat, sourdough, 13-grain

Condiments: tomatoes, pickles, olives, mustard, mayo, signature sauce

**Substitute soup for both sides +\$2.00**

### SOUP & SALAD | \$12.00

Your choice of Amy's Special Recipe Chili, Old Fashioned Chicken Vegetable, Broccoli Cheddar, or Baja Chicken Tortilla soup, served with freshly baked bread & butter, and tossed green or Caesar salad.

**Upgrade to a specialty salad +\$2.00 · Add a bread bowl +\$1.00**

## BUILD YOUR OWN

### SALAD BAR EXTRAVAGANZA | \$12.00

Build-your-own Cobb, chef, cashew chicken, or Southwest chicken salad (choice of 1). Served with fresh fruit, bread with cinnamon honey butter, and a selection of our delicious dressings.

### BAKED POTATO BAR | \$12.00

Stuff your own Idaho spud with your choice of chili, broccoli cheese sauce, sautéed mushrooms, butter, sour cream, green onions, bacon bits, or shredded cheese. Served with crisp green salad, creamy dressings, and freshly baked breads.

### TACO BAR | \$12.00

Soft steamed and hard shell tortillas with seasoned ground beef, refried beans, Spanish rice, and tortilla chips. Served with sour cream, guacamole, olives, onions, shredded cheese, shredded lettuce, diced tomatoes, and salsa.

**Add chicken +\$2.50 · Add guacamole +\$1.00**

**Add chips and salsa +\$1.00**

## HOT ENTRÉE

### TENDER POT ROAST | \$15.00

Thick slices of slow cooked juicy pot roast. Just like Mom used to make! Served with steamed vegetables, crisp garden salad, fresh baked bread, and your choice of mashed potatoes or rice pilaf. Baked potato substitute—2.00

### COUNTRY STYLE PICNIC | \$12.00

Barbecue beef or pork sandwich served with fresh fruit, a bag of chips, and your choice of pasta salad or potato salad. Perfect for an afternoon in the park or a picnic in the office. **Substitute southern style meatloaf—2.00**

### CHICKEN PARMESAN | \$12.00

A boneless, skinless chicken breast breaded with Italian seasoning topped with marinara and mozzarella cheese. Served with penne pasta, extra marinara, Caesar salad, steamed vegetables, and sourdough bread with garlic butter.

### BAKED ZITI | \$12.00

Penne pasta baked with Italian seasoned beef, marinara sauce and mozzarella cheese; with Caesar salad, steamed vegetables, and sourdough bread with garlic butter.

### ROASTED CHICKEN | \$13.00

#### Rosemary, Lemon Pepper, or BBQ

Tender roasted chicken (on the bone or chicken breast) served with steamed vegetables, crisp garden salad, fresh baked bread, and your choice of mashed potatoes or rice pilaf. **Baked potato substitute—2.00**

### TERIYAKI CHICKEN | \$12.00

Slices of tender chicken marinated in our savory teriyaki sauce. Served with Asian inspired fried rice, Mandarin salad and fresh-baked bread.





## EXTRAS

- FRUIT TRAY** May vary by season. **\$4.00**  
Cantaloupe, honeydew, red grapes, strawberries, and pineapple with fruit dip.
- VEGETABLE TRAY** **\$4.00**  
Carrot chips, celery, cucumbers, olives, tomatoes, broccoli and peppers with homemade ranch dressing.
- CHEESE, GRAPES, APPLES & CRACKERS** **\$5.00**
- MEATBALLS** **\$4.00**  
Swedish style, Sweet & Sour, Italian, or BBQ (3 meatballs per person)
- SLIDERS** **\$5.00**  
Meatballs, Chicken Parmesean or Ham (2 per person on mini rolls)
- DELI SIDES** 4 oz. **\$2.00**  
*Pasta Salad • Potato Salad • Carrot Chips • Frogeye Salad\**  
\*A sweet custard side salad with whipped cream, mandarin oranges, pineapple, and acini di pepe pasta.

## DESSERTS

- SWEETS BASKET** (2-3 per person) **\$2.50**  
Smaller portions of brownies, cookies, bars, and apple crumb cake.
- EXECUTIVE SWEETS BASKET** (3 per person) **\$3.50**  
Add chocolate-dipped strawberries & cheesecake bites to our sweets basket above.
- COOKIE & BROWNIE TRAY** (1 each per person) **\$2.00**
- COOKIE TRAY** (2 per person) **\$2.00**
- ROCKSLIDE BROWNIE** **\$3.00**
- GIANT COOKIE** **\$3.00**
- LEMON BAR** **\$2.00**
- APPLE CRUMB CAKE** **\$2.00**
- SOUR CREAM CRANBERRY BAR** **\$2.00**

## BEVERAGES

- PREMIUM BEVERAGES** (San Pellegrino) **3.00**
- BOTTLED WATER** **2.00**
- UNSWEET TEA** (Gallon) **7.00**
- TENNESSWEET TEA** (16 oz. bottle) **3.00**
- TENNESSWEET TEA** (Gallon) **10.00**
- TENNESSWEET FRUIT TEA** (Gallon) **12.00**
- SOFT DRINKS** (17 oz. bottle) **2.00**

### *15 Person Minimum* **FOR EACH MENU SELECTION!**

Prices are per person. Each catering meal is made fresh to order, we therefore require a 15 person minimum per selection. All catering is subject to a service charge of \$8.00 and a 15% gratuity. All catering requires 1 day advanced notice. Cancellations require 24-hour notice. Less than 24-hour notice incurs a minimum 50% charge.

**615-873-1661**  
**APPLESPICE.COM**

Fax: **615-864-7261** | Email: **Nashville@AppleSpice.com**

3656 Trousdale Drive, Suite 101, Nashville, TN 37204