

BOX LUNCH MENU

Minneapolis · St. Paul

612-354-3530 | APPLESPICE.COM



CLASSIC

\$12.99

Served with:

- Dill Pickle
- Cookie
- Mint

And your choice of:

- Potato Chips
- Carrot Chips
- Pasta Salad
- Potato Salad
- Frogeye Salad*
- Fresh Fruit

DELUXE

\$13.99

Served with:

- Potato Chips
- Dill Pickle
- Cookie
- Mint

And your choice of:

- Carrot Chips
- Pasta Salad
- Potato Salad
- Frogeye Salad*
- Fresh Fruit

EXECUTIVE

\$15.99

Served with:

- Potato Chips
- Carrot Chips
- Dill Pickle
- Cheesecake
- Mint

And your choice of:

- Pasta Salad
- Potato Salad
- Frogeye Salad*
- Fresh Fruit

Substitute gluten-free bread +\$1.99 · Add extra protein +\$2.49
Extra sauce +\$.99 · Add tomato +\$1.49

*A sweet custard side salad with whipped cream, mandarin oranges, pineapple, and acini di pepe pasta.

WRAPS

TURKEY BACON RANCH | Wrap

Oven-roasted turkey, Swiss cheese, bacon, tomato, and lettuce with ranch dressing.

SOUTHWEST CHICKEN | Wrap

Grilled chicken breast, corn, black beans, tortilla strips, cheddar cheese, lettuce, and avocado with barbeque ranch dressing.

CHICKEN CAESAR | Wrap

Tender chicken breast, Caesar dressing, romaine lettuce, and parmesan cheese.

APPLE HARVEST TURKEY | Wrap

Oven-roasted turkey, apple slices, Havarti cheese, dried cranberries, and lettuce with apple cider vinaigrette.

CHICKEN, PEAR, & HAVARTI | Wrap

Chicken breast, sweet pears, Havarti cheese, and lettuce with apple cider vinaigrette.

COMBO MEALS

\$14.99

1. SANDWICH & SALAD COMBO

Choose any Full Sandwich & a Half Salad. Served with a cookie.

2. SANDWICH & SOUP COMBO

Choose any Full Sandwich & a Cup of Soup

Served with a pickle and a cookie.

3. SALAD & SOUP COMBO

Choose any Half Salad & a Cup of Soup

Comes with 2 slices of bread, cinnamon honey butter, and a cookie.

SANDWICHES

Prepared on freshly baked bread as listed below, unless otherwise specified.
Mustard, mayo, and sandwich sauce on the side.

STRAWBERRY GRILLED CHICKEN | Sourdough

Grilled chicken breast with sweet strawberries, Vidalia onion mayonnaise, lettuce, and Swiss cheese.

GRANNY APPLE TURKEY | Honey Wheat

Tangy sliced green apples, Havarti cheese, lettuce, and our famous apple cider vinaigrette dressing on top of our oven roasted turkey breast.

TRIO CLASSIC | 13-Grain

A trio of thinly sliced meats including cured ham, roasted turkey, lean roast beef, with lettuce, Swiss cheese, and our signature sauce. **Add bacon +\$1.99**

TURKEY AVOCADO | Honey Wheat

Oven-roasted turkey breast topped with avocado, sprouts, Swiss cheese, lettuce, and our signature sauce. **Add cranberry sauce +\$1.25 · Add bacon +\$1.99**

CHICKEN BACON RANCH | Sourdough

Chicken salad mixed with ranch dressing, shredded cheese, and bacon, on crisp lettuce.

CAFÉ CLUB | Honey Wheat

Cured ham, oven-roasted turkey breast, crispy bacon, lettuce, and cheddar cheese with our signature sauce.

BLT AVOCADO | Honey Wheat

The ultimate BLT piled high with bacon, lettuce, tomato, Swiss cheese, avocado, sprouts, and our signature sauce.

TURKEY AND SWISS | Honey Wheat

Oven-roasted turkey breast with Swiss cheese, lettuce, and our signature sauce. **Add cranberry sauce +\$1.25 · Add bacon +\$1.99**

MANHATTAN ROAST BEEF | 13-Grain

Lean roast beef, lettuce, and cream cheese with barbecue sauce.

HAM AND HAVARTI | Sourdough

Cured ham and Havarti cheese with green leaf lettuce and our signature sauce.

ALBACORE TUNA | Sourdough

The best fancy white albacore tuna with Swiss cheese on crisp lettuce.

CASHEW CHICKEN | Sourdough

Tender chicken breast blended with mayonnaise, sweet celery, and onions on lettuce, topped with cashews.

EGG SALAD | Sourdough

Our famous egg salad topped with Swiss cheese and avocado on crisp lettuce.

VEGETARIAN | 13-Grain

Mushrooms, cucumbers, vine-ripened tomatoes, sprouts, roasted red peppers, and avocados on lettuce with cheddar cheese and pesto mayonnaise.

THAI CURRY CHICKEN | Sourdough

Chicken salad mixed with mandarin oranges, red grapes, and sweet curry on crisp lettuce.

TURKEY CRANPEÑO | Honey Wheat

Oven-roasted turkey breast with cucumbers, Swiss cheese, green leaf lettuce, and jalapeño cranberry jelly.

SALADS

\$12.99

Your choice of Dressing:

- Sesame Ginger
- Poppy Seed
- Caesar
- Bleu Cheese
- Signature Ranch
- BBQ Ranch
- Vidalia Onion
- Balsamic Vinaigrette
- Apple Cider Vinaigrette
- Fat-Free Raspberry Vinaigrette

Add a Cookie +\$1.99 • Cheesecake Dessert +\$3.49

All salads are served with freshly baked bread.

Add extra meat +\$2.49 • Add extra dressing +\$1.49

APPLE WALNUT | Poppy Seed

Fresh apples, candied walnuts, crumbled bacon, and mozzarella cheese on a crisp bed of salad greens. *Grilled chicken +\$2.49*

MANDARIN CHICKEN | Sesame Ginger

Tender chicken breast, mandarin oranges, and slivered almonds on top of fresh salad greens.

STRAWBERRY GRILLED CHICKEN | Vidalia

Grilled chicken breast, strawberries, and feta cheese make this a sweet and savory favorite.

CRANBERRY BLEU | Poppy Seed

Salad greens topped with tangy cranberries, crumbled bleu cheese, and candied walnuts. *Grilled chicken +\$2.49*

PEAR & GOAT CHEESE

Fresh salad greens topped with sweet pears, goat cheese, and candied walnuts. *Grilled chicken +\$2.49*

CHICKEN CAESAR | Caesar

Grilled chicken breast, garden fresh romaine lettuce, cucumbers, tomatoes, parmesan cheese, and croutons. *Caesar salad w/o chicken, \$10.99*

CLASSIC COBB

Grilled chicken with bacon, hardboiled egg, and bleu cheese crumbles on fresh salad greens.

CHEF SALAD

Oven-roasted turkey, cured ham, and hardboiled egg with jack & cheddar cheese on crisp salad greens.

CASHEW CHICKEN SALAD

Assorted greens topped with cashew chicken salad.

SOUTHWEST CHICKEN | BBQ Ranch

Grilled chicken, corn, black beans, tortilla strips, cheddar cheese, and avocado on top of fresh salad greens.

WALDORF SALAD | Apple Cider Vinaigrette

Tender chicken breast, apples, grapes, dried cranberries, candied walnuts, and feta cheese on top of fresh salad greens.

TUNA SALAD

Assorted greens topped with albacore tuna salad.

GARDEN VEGETABLE | \$10.99

Lettuce greens with garden vegetables.

THAI CURRY CHICKEN | Sesame Ginger

Assorted greens topped with curry chicken salad.

ROASTED BEET

Grilled chicken, roasted beets, pickled red onions, and feta cheese on mixed greens.

ALOHA SALAD | Poppy Seed

Grilled chicken, fresh pineapple, mandarin oranges, toasted coconut, and almonds on a bed of fresh salad greens.

HOMESTYLE SOUP

Served with our freshly baked bread. Add a bread bowl +\$2.49

BROCCOLI CHEDDAR

OLD FASHIONED CHICKEN NOODLE

AMY'S SPECIAL RECIPE CHILI w/ cheese

BAJA TORTILLA SOUP w/ cheese & chips (in lieu of bread)

CHICKEN WILD RICE

VEGETABLE LUMBERJACK

CUP \$4.49 | BOWL \$6.49 | QUART \$12.49

BAKERY & SIDES

FRESH BAKED BREADS

\$4.99

Honey Wheat • 13-Grain • Sourdough

SIDE OF BREAD

\$1.99

CINNAMON HONEY BUTTER 8 oz.

\$3.49

GIANT COOKIE

\$3.49

COOKIE

\$1.99

PEANUT BUTTER YUMMY BAR

\$3.49

LEMON BAR

\$3.49

SOUR CREAM CRANBERRY BAR

\$3.49

ROCKSLIDE BROWNIE

\$3.49

CHEESECAKE CUP

\$3.49

7-LAYER BAR

\$3.49

SALAD DRESSING

\$1.49

CHEESE

\$1.49

CHIPS

\$1.49

AVOCADO

\$1.99

BACON

\$1.99

BEVERAGES

BOTTLED WATER

\$1.75

SOFT DRINKS

\$1.99

SPARKLING WATER

\$1.99

Minimum Order of 5 Lunches

**LARGE EVENTS • ORDER SAME DAY
FREE DELIVERY**

Apple Spice begins taking orders at 8 a.m. We will always do our best to accommodate your needs, but it is a good idea to call early if you have a preferred delivery time. Pick up is also available for smaller orders or if your preferred delivery time is not available. For nutritional information, wheat-free menu, and vegetarian options visit AppleSpice.com. Orders via 3rd party systems and providers will include an 18% Service Fee and an automatic 10% Gratuity for delivery orders. Orders outside our normal delivery area may incur an additional service charge.

612-354-3530

APPLESPICE.COM/MSP

Email: MSP@AppleSpice.com

740 Harding St. NE, STE B • Minneapolis, MN 55413