

# BOX LUNCH MENU

Nashville, Tennessee

615-873-1661 | APPLESPICE.COM



## CLASSIC

\$14.50

Served with:

- Potato Chips
- Dill Pickle
- Cookie
- Mint

Sub Potato Chips:

- Carrot Chips - \$.50

## DELUXE

\$16.50

Served with:

- Potato Chips
- Dill Pickle
- Cookie
- Mint

And your choice of:

- Carrot Chips
- Pasta Salad
- Potato Salad
- Frogeye Salad\*
- Fresh Fruit

## EXECUTIVE

\$19.50

Served with:

- Potato Chips
- Carrot Chips
- Dill Pickle
- Cheesecake
- Mint

And your choice of:

- Pasta Salad
- Potato Salad
- Frogeye Salad\*
- Fresh Fruit

Substitute gluten-free bread +\$2.50 • Add extra meat +\$4.00 • Add bacon +2.00  
Make it a Gluten Free Box +\$3.50 (Gluten free bread and dessert) • Add Avocado +2.00  
Add extra sauce +.50 • Add tomato +.50 • Add extra cheese +1.00

\*A sweet custard side salad with whipped cream, mandarin oranges, pineapple, and acini di pepe pasta.

## WRAPS

### TURKEY BACON RANCH | Wrap | +\$2.00

Oven-roasted turkey, Swiss cheese, bacon, tomato, and lettuce with ranch dressing.

### SOUTHWEST CHICKEN | Wrap | +\$2.00

Grilled chicken breast, corn, black beans, tortilla strips, cheddar cheese, lettuce, and avocado with barbeque ranch dressing.

### CHICKEN CAESAR | Wrap | +\$2.00

Tender chicken breast, Caesar dressing, romaine lettuce, and parmesan cheese.

### BUFFALO CHICKEN | Wrap | +\$2.00

Buffalo chicken salad with bleu cheese crumbles and lettuce.

## COMBO MEALS

\$16.50

### 1. SANDWICH & SALAD COMBO

Choose any Half Sandwich & a Half Salad. Served with a cookie.

### 2. SANDWICH & SOUP COMBO

Choose any Half Sandwich & a Cup of Soup

Served with a pickle and a cookie.

### 3. SALAD & SOUP COMBO

Choose any Half Salad & a Cup of Soup

Comes with 2 slices of bread, cinnamon honey butter, and a cookie.

## SANDWICHES

Prepared on freshly baked bread as listed below, unless otherwise specified.

Mustard, mayo, and sandwich sauce on the side.

Add Bacon +\$2.00 Add Avocado +\$2.00

### TURKEY AND SWISS | Honey Wheat

Oven-roasted turkey breast with Swiss cheese, lettuce, and our signature sauce.

Add cranberry sauce +\$.50

### HAM AND HAVARTI | Sourdough

Cured ham and Havarti cheese with green leaf lettuce and our signature sauce.

### ROAST BEEF & PROVOLONE | 13-Grain | +\$.75

Lean roast beef and provolone cheese with Dijon horseradish sauce.

### TRIO CLASSIC | 13-Grain

A trio of thinly sliced meats including cured ham, roasted turkey, lean roast beef, with lettuce, Swiss cheese, and our signature sauce.

### ALBACORE TUNA | Sourdough

The best fancy white albacore tuna with Swiss cheese on crisp lettuce.

### VEGETARIAN | 13-Grain | +\$2.00

Mushrooms, cucumbers, vine-ripened tomatoes, sprouts, bell peppers, and avocados on lettuce with cheddar cheese and pesto mayonnaise.

### BLT AVOCADO | Honey Wheat | +\$2.00

The ultimate BLT piled high with bacon, lettuce, tomato, Swiss cheese, avocado, sprouts, and our signature sauce.

### TURKEY AVOCADO | Honey Wheat | +\$2.00

Oven-roasted turkey breast topped with avocado, sprouts, Swiss cheese, lettuce, and our signature sauce.

Add cranberry sauce +\$.50

### CASHEW CHICKEN | Sourdough | +\$.75

Tender chicken breast blended with mayonnaise, sweet celery, and onions on lettuce, topped with cashews.

### GRANNY APPLE TURKEY | Honey Wheat | +\$2.00

Tangy sliced green apples, Havarti cheese, lettuce, and our famous apple cider vinaigrette dressing on top of our oven roasted turkey breast.

### STRAWBERRY GRILLED CHICKEN | Sourdough | +\$2.00

Grilled chicken breast with sweet strawberries, Vidalia onion mayonnaise, lettuce, and Swiss cheese.

### CAFÉ CLUB | Honey Wheat | +\$2.00

Cured ham, oven-roasted turkey breast, crispy bacon, lettuce, and cheddar cheese with our signature sauce.

### CHICKEN BACON RANCH | Sourdough | +\$.75

Chicken salad mixed with ranch dressing, shredded cheese, and bacon, on crisp lettuce.

### CHIPOTLE CHICKEN | Sourdough | +\$2.00

Chipotle seasoned chicken with tomatoes, lettuce, pepper jack cheese, and chipotle mayonnaise.

### THE ITALIAN | Sourdough Bread

Salami, pepperoni, ham, provolone cheese, pepperoncini, tomatoes, green leaf lettuce and Vidalia onion mayonnaise.

### GRILLED CHICKEN CLUB | 13-Grain | +\$2.00

Grilled chicken, tomatoes, cheddar cheese, bacon, green leaf lettuce, and our signature sauce.

### NEW PASTRAMI AND SWISS | 13-Grain | +\$2.00

Pastrami and Swiss cheese with crisp lettuce and 1000 Island dressing.

### NEW HERBED CHICKEN | Honey Wheat

Tender chicken breast seasoned in a mixture of savory spices with Swiss cheese, green leaf lettuce and pesto mayonnaise.

# SALADS

All salads are served with freshly baked bread.

Your choice of Dressing:

- **Signature Ranch**
- **Sesame Ginger**
- **Balsamic Vinaigrette**
- **BBQ Ranch**
- **Poppy Seed**
- **Apple Cider Vinaigrette**
- **Vidalia Onion**
- **Caesar**
- **Italian**
- **Bleu Cheese**
- **Greek**
- **Fat-Free Raspberry Vinaigrette**

**Add a: Cookie +\$1.50 • Cheesecake Dessert +\$2.50**

**Add a protein +\$4.00** • Chicken • Pulled Turkey • Tuna • Ham  
**Add extra salad dressing +\$1.50** • **Add extra cheese +\$1.00** • **Add bacon +2.00**  
**Add extra cheese +\$1.50** • **Add Avocado +1.00**

## APPLE WALNUT | Poppy Seed | \$14.50

Fresh apples, candied walnuts, crumbled bacon, and mozzarella cheese on a crisp bed of salad greens. **Add grilled chicken +\$4.00**

## MANDARIN CHICKEN | Sesame Ginger | \$16.50

Tender chicken breast, mandarin oranges, and slivered almonds on top of fresh salad greens.

## STRAWBERRY GRILLED CHICKEN | \$16.50

Vidalia Onion

Grilled chicken breast, strawberries, and feta cheese make this a sweet and savory favorite.

## CRANBERRY BLEU | Poppy Seed | \$14.50

Salad greens topped with tangy cranberries, crumbled bleu cheese, and candied walnuts. **Add grilled chicken +\$4.00**

## PEAR & GOAT CHEESE | \$14.50

Fresh salad greens topped with sweet pears, goat cheese, and candied walnuts. **Add grilled chicken +\$4.00**

## CAESAR | Caesar | \$12.50

Garden fresh romaine lettuce, cucumbers, tomatoes, parmesan cheese, and croutons. **Add grilled chicken +\$4.00**

## CLASSIC COBB | \$16.50

Grilled chicken with bacon, hardboiled egg, and bleu cheese crumbles on fresh salad greens.

## CHEF SALAD | \$14.50

Oven-roasted turkey, cured ham, and hardboiled egg with jack & cheddar cheese on crisp salad greens.

## SOUTHWEST CHICKEN | BBQ Ranch | \$16.50

Grilled chicken, corn, black beans, tortilla strips, cheddar cheese, and avocado on top of fresh salad greens.

## WALDORF SALAD | Apple Cider Vinaigrette | \$16.50

Tender chicken breast, apples, grapes, dried cranberries, candied walnuts, and feta cheese on top of fresh salad greens.

## THE “SALAD” SALAD | \$14.50

Fresh green salad topped with your choice of:

**Chicken Salad • Tuna Salad • Buffalo Chicken Salad • Chicken Bacon Ranch Salad**

## GARDEN VEGETABLE | \$12.50

Lettuce greens with garden vegetables.

## SUPERFOOD | Raspberry Vinaigrette | \$14.50

A super antioxidant mix of kale, baby spinach, and red cabbage, topped with dried cranberries, raspberries, almonds, and feta cheese. **Add grilled chicken +\$4.00**

## KETO SALAD | Bleu Cheese | \$16.50

Kale and spinach mix topped with chicken, hardboiled egg, avocado, and bleu cheese crumbles.

## **NEW** ITALIAN SALAD | Vidalia Onion | \$14.50

Salami, pepperoni, ham, provolone cheese, pepperoncini, and cherry tomatoes on top of fresh salad greens.

## **NEW** GREEK SALAD | Greek | \$14.50

Kalamata olives, pepperoncini, red onions, chopped cucumbers, cherry tomatoes and feta cheese on top of garden fresh romaine lettuce.

# HOMESTYLE SOUP

Served with our freshly baked bread. **Add a bread bowl +\$1.50**

## BROCCOLI CHEDDAR

**TOMATO BASIL** w/ cheese

## OLD FASHIONED CHICKEN NOODLE

**AMY'S SPECIAL RECIPE CHILI** w/ cheese

**BAJA TORTILLA SOUP** w/ cheese & chips (in lieu of bread)

**CUP \$7.00 | BOWL \$9.00 | QUART \$17.00**

# BAKERY & SIDES

## FRESH BAKED BREADS

**\$6.00**

*Honey Wheat • 13-Grain • Sourdough*

## SIDE OF BREAD

**\$1.50**

**CINNAMON HONEY BUTTER** 6 oz.

**\$3.50**

## BROWNIE

**\$3.00**

## COOKIE

**\$2.50**

## ROCKSLIDE BROWNIE

**\$4.50**

## LEMON BAR

**\$4.00**

## APPLE CRUMB CAKE

**\$4.00**

## SOUR CREAM CRANBERRY BAR

**\$4.00**

## POTATO CHIPS

**\$2.00**

## DELI SIDES 5.5 oz.

**\$3.50**

*Pasta Salad • Potato Salad • Fruit • Carrot Chips • Frogeye Salad*

# BEVERAGES

## PREMIUM BEVERAGES (La Croix)

**\$3.50**

## BOTTLED WATER

**\$2.50**

## UNSWEET TEA (Gallon)

**\$9.00**

## UNSWEET TEA (16 oz. bottle)

**\$3.00**

## TENNESSWEET TEAS (16 oz. bottle)

**\$4.00**

## TENNESSWEET TEAS (Gallon)

**\$10.00**

## TENNESSWEET FRUIT TEAS (Gallon)

**\$12.00**

## SOFT DRINKS (17 oz. bottle)

**\$3.50**

## **NEW** ENERGY DRINK

**\$4.00**

*Delivery Charge - \$15.00*

## LARGE EVENTS • ORDER SAME DAY

Apple Spice begins taking orders at 8 a.m. We will always do our best to accommodate your needs, but it is a good idea to call early if you have a preferred delivery time. Order minimums may vary based on location. For nutritional information, wheat-free menu, and vegetarian options visit [AppleSpice.com](http://AppleSpice.com)

## MINIMUM ORDER OF 6 LUNCHES

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**APPLESPICE.COM**

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