







HOMESTYLE SOUP

Served with our freshly baked bread.

HOMESTYLE CHICKEN NOODLE

HOMEMADE VEGETABLE Add Parmesan cheese - \$.89

TOMATO BASIL

AMY'S SPECIAL RECIPE CHILI

CHICKEN TORTILLA SOUP w/ sour cream & chips

CUP \$4.99 | BOWL \$6.99 | QUART \$13.99

BAKERY & SIDES

| FRESH BAKED BREADS | \$3.99 |
|--|------------------|
| Honey Wheat • 13-Grain • Sourdough CINNAMON HONEY BUTTER 4 0z. | \$2.95 |
| DOUBLE BROWNIES | \$1.99 |
| CHOCOLATE CHIP COOKIES | \$.99 |
| PEANUT BUTTER YUMMY BAR | \$2.99 |
| CHEESECAKE CUP | \$2.99 |
| ASJ SAUCES | \$.49 |
| SALAD DRESSING | \$1.99 |
| CHEESE (Provolone, American, Swiss, Cheddar, Mozzarella, Havarti or Pepper Jac | \$.99 ck) |
| CHIPS (Regular, Sun or Baked Chips) | \$.99 |
| KETTLE CHIPS | \$1.39 |
| SALAD SIDE DISHES (Pasta, Potato, Quinoa or Fresh | Fruit) |
| (5 OZ) \$1.99 PINT (16 OZ) | \$5.99 |
| AVOCADO | \$1.79 |
| BACON | \$1.99 |
| CHICKEN | \$3.49 |
| | |

BEVERAGES

| STEWART'S ROOT BEER (Regular and Diet) | \$2.69 |
|--|--------|
| BOTTLED WATER | \$1.49 |
| CANNED SODA OR SELTZER | \$1.49 |
| ICED TEA(Snapple) (Regular and Diet) | \$2.49 |
| ICED TEA Unsweetened | \$2.69 |
| JUICES | \$1.99 |

Minimum Order of 5 Lunches LARGE EVENTS · ORDER SAME DAY

Apple Spice begins taking orders by 8 a.m. We will always do our best to accommodate your needs, but it is a good idea to call early if you have a preferred delivery time. (Minimum order 5 lunches.)

Order by phone, fax, or online:

PH: **973-394-1311** · FAX: **973-394-1366 AppleSpice.com**

1121 Springfield Rd. Union, NJ 07081

BOX LUNCH Menu



Order Today!
973-394-1311
APPLESPICE.COM

BOX LUNCHES

BREAKFAST IN A BOX \$10.99

Includes Muffin, Fruit Cup, Greek Yogurt, Granola and Breakfast Juice.

| CLASSIC | \$13.49 |
|--|---|
| Served with: • Dill Pickle • Cookie • Mint | And your choice of • Assorted Chips (Regular, Sun or Bake) • Carrots with Di • Pasta Salad • Potato Salad • Quinoa Salad • Gala Apple |
| *Upgrade to Kettle chips \$.39 | • Fruit Cup |

DELUXE \$14.49 And your choice of: Served with: • Carrots with Dip • Assorted Chips • Pasta Salad (Regular, Sun or Baked) • Potato Salad • Dill Pickle • Quinoa Salad • Cookie • Gala Apple • Mint • Fruit Cup *Upgrade to Kettle chips \$.39

EXECUTIVE \$16.49 And your choice of: Served with: Assorted Chips • Pasta Salad (Regular, Sun or Baked) • Potato Salad

 Veggies with Dip • Quinoa Salad • Dill Pickle • Gala Apple Cheesecake

• Fruit Cup

*Upgrade to Kettle chips \$.39

SANDWICHES

Sandwiches are prepared on our famous daily baked bread as listed below, unless otherwise specified. Sandwiches may be made with gluten free bread (GF), upon request for an additional \$1.69.

dressing.

HAM AND HAVARTI | SOURDOUGH

Sugar-cured Virginia baked ham and creamy Havarti cheese with a side of our

ROAST BEEF & PROVOLONE | 13-GRAIN

In house baked top round of beef and provolone piled high on our fresh baked 13-grain bread with a side of our Dijon horseradish sauce.

TRIO CLASSIC | 13-GRAIN

Roast beef, sliced turkey, ham and Swiss cheese with a side of our signature sauce.

MARINATED GRILLED VEGETABLES | WRAP

Seasonal vegetables including portabella mushrooms, eggplant, zucchini, yellow squash, roasted red peppers, and red onions with pesto sauce. Add fresh mozzarella—99¢

VEGETARIAN | 13-GRAIN

Sliced mushrooms, tomatoes, cucumbers, avocado, green pepper and sprouts with provolone and cheddar cheese. Served with a side of our pesto sauce.

HERB ROASTED CHICKEN | HONEY WHEAT

Sliced chicken marinated in a special blend of herbs and spices and then baked to perfection. Served with a side of pesto sauce.

BLT AVOCADO I HONEY WHEAT

The incredible BLT made even better with Swiss cheese, avocado and sprouts with a side of our signature sauce.

CHIPOTLE CHICKEN | SOURDOUGH

Chipotle seasoned chicken with tomatoes and Pepper Jack Cheese will give you just the right amount of spice for your lunch. Served with Chipotle Mayo on the side.

GRILLED CHICKEN BREAST | ROLL

Grilled chicken breast with roasted red peppers and Balsamic Vinaigrette with a side of our signature sauce. Add fresh mozzarella-99¢

GRILLED CHICKEN CLUB | 13-GRAIN

Grilled chicken, tomatoes, cheddar cheese, bacon, green leaf lettuce, and our signature sauce.

CAFÉ CLUB | HONEY WHEAT

Cured ham, oven-roasted turkey breast, crispy bacon, lettuce, and cheddar cheese with our signature sauce. Add cranberry -79¢

TURKEY & SWISS | HONEY WHEAT

Oven-roasted turkey breast with Swiss cheese, lettuce, and our signature sauce. Add cranberry -79¢

TURKEY AVOCADO I HONEY WHEAT

Oven-roasted turkey breast topped with avocado, sprouts, Swiss cheese, lettuce, and our signature sauce. Add cranberry -79¢

GRANNY APPLE TURKEY I HONEY WHEAT

Tangy sliced green apples, Havarti cheese, lettuce, and our famous Apple Cider Vinaigrette dressing on top of our oven roasted turkey breast.

TURKEY BACON JACK | HONEY WHEAT

Mint

Oven-roasted turkey breast topped with bacon, pepper jack cheese and roasted red peppers. Served with Chipotle Mayo on the side.

ALBACORE TUNA | SOURDOUGH

The best fancy white albacore tuna with Swiss cheese and green leaf lettuce.

CASHEW CHICKEN | SOURDOUGH

Tender chicken breast blended with cashews and sweet celery, seasoned to perfection.

EGG SALAD | SOURDOUGH

A great combination of egg salad, Swiss cheese and sliced avocado.

THE ITALIAN | SOURDOUGH

Salami, pepperoni, ham, provolone cheese, pepperoncini, tomatoes, green leaf lettuce and Vidalia onion sauce.

PASTRAMI & SWISS | 13 GRAIN

Sliced pastrami and Swiss cheese will give you that world-renowned deli taste with a side of our 1000 island sauce.

WRAPS Whole Wheat wraps available.

TURKEY BACON RANCH | Wrap

Oven-roasted turkey, Swiss cheese, bacon, tomato, and lettuce with ranch

SOUTHWEST CHICKEN | Wrap

Grilled Chicken Breast, shredded cheese, corn, black beans, avocado, tortilla strips, cilantro, lettuce and Southwest Chicken Ranch dressing.

CHICKEN CAESAR | Wrap

Sliced chicken breast, Caesar dressing, lettuce and parmesan cheese.

APPLE HARVEST TURKEY | Wrap

Turkey, gala apple slices, craisins, Havarti cheese, lettuce and Apple Cider Vinaigrette sauce.

CHICKEN-PEAR & HAVARTI | Wrap

Tender sliced chicken breast, sweet pears, Havarti cheese, lettuce and Apple Cider Vinaigrette sauce.

COMBO MEALS \$15.99

1. SANDWICH & SALAD COMBO

Choose any Full Sandwich & a Half Salad. Served with a cookie.

2. SANDWICH & SOUP COMBO

Choose any Full Sandwich & a Cup of Soup Served with a cookie.

3. SALAD & SOUP COMBO

Choose any Half Salad & a Cup of Soup Served with a cookie.

SALADS

Your choice of Dressing:

• Signature Ranch

• BBQ Ranch

• Lite Ranch

• Vidalia Onion

Popular Add-Ons: BACON \$1.99 AVOCADO \$1.79

- Balsamic Vinaigrette
- Apple Cider Vinaigrette • Fat-Free Raspberry
- Vinaigrette
- Thousand Island
- Greek

Add a: cookie +\$.99 · cheesecake dessert +\$2.99

All salads are served with fresh baked bread and salad dressings on the side.

• Sesame Ginger

• Bleu Cheese

• Caesar

• Italian

WALDORF CHICKEN | \$13.99

Tender sliced chicken breast, apples, grapes, candied walnuts, and crumbled bleu cheese on top of fresh salad greens. Served with Apple Cider Vinaigrette dressing on the side.

GARDEN VEGETABLE | \$10.99

Crisp lettuce greens with garden vegetables. Add a side of Albacore Tuna Salad or Cashew Chicken - \$2.50/5oz.

APPLE WALNUT | \$13.99

Sliced apples, candied walnuts, crumbled bacon, and mozzarella cheese on a crisp bed of salad greens. Served with Apple Cider Vinaigrette dressing on the side. Add grilled chicken—\$3.49

CRANBERRY BLEU MANDARIN | \$13,99

Mandarin oranges, crumbled bleu cheese, candied walnuts and dried cranberries over a spring mix. Add grilled chicken—\$3.49

STRAWBERRY GRILLED CHICKEN | \$13.99

Grilled chicken breast, strawberries and feta cheese on our classic salad base. Served with Sweet Vidalia Onion dressing on the side.

MANDARIN CHICKEN SALAD | \$13.99

Tender sliced chicken breast, mandarin oranges and slivered almonds on top of fresh salad greens. Served with sesame ginger dressing on the side.

ROMAINE AND KALE CHICKEN CAESAR SALAD

\$13.99 WITHOUT CHICKEN | \$10.99

Tender julienne strips of boneless chicken breast piled on top of crisp Romaine and Kale, grated Parmesan cheese, tomatoes, house made croutons and sliced eggs. Served with our creamy Caesar dressing on the side.

GREEK SALAD | \$13.99



Kalamata olives, pepperoncini, red onions, chopped cucumbers, cherry tomatoes and feta cheese on top of garden fresh romaine lettuce. Served with Greek dressing on the side.

ITALIAN SALAD | \$13.99



Salami, pepperoni, ham, provolone cheese, pepperoncini, and cherry tomatoes on top of fresh salad greens. Served with Vidalia Onion dressing on the side.

CLASSIC COBB | \$13.99

Chunks of chicken, bacon, olives, sliced egg, jack and cheddar cheese on top of salad greens.

CHEF SALAD | \$13.99

Julienne strips of turkey and ham, sliced egg, jack and cheddar cheese, tomatoes and cucumbers on crisp salad greens.

PEAR & GOAT CHEESE | \$13.99

Fresh wedges of Bartlett pears teamed with fresh goat cheese, craisins and candied walnuts over mixed greens. We recommend raspberry vinaigrette dressing. Add grilled chicken—\$3.49

SOUTHWEST CHICKEN | \$13.99

Crisp salad greens and tender slices of chicken served with our special BBQ ranch dressing on the side. Next we add corn, black beans, tortilla strips and cilantro to make this a taste sensation!

SUPER FOOD SALAD | \$13.99

A super antioxidant mix of kale, baby spinach, and red cabbage, topped with dried cranberries, raspberries, almonds, and feta cheese. Served with raspberry vinaigrette dressing on the side. Add grilled chicken—\$3.49